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TRANSFORMATIONS



JACKSON MAIN

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The Let's Move Dance Club Performed at the following venues:

- African American Museum of Nassau County
- Hempstead Public Schools – District Wide for the Black History Month Program

A Jackson Main Publication



CONGRATULATIONS
TO THE
Let's Move Dance Club



















What's sprouting in The Jackson Main Garden

IB Learner
Profile
Words

February
Open-Minded

March Balanced

A Balanced Life Style

To become a balanced person you need to be determined, be consistent and have self-discipline. There are many different elements that lead you to having a balanced lifestyle. The three main components to having a balanced lifestyle are physically, mentally and emotionally. The trifecta of balanced.

To be balanced physically you need to exercise, so you can take care of your body. This means not staying home and playing Fornite all day. These habits will not lead you to a healthy lifestyle. Your body needs fresh air.

To be balanced mentally you need to challenge yourself on a deeper level. Read new books, do your homework, watch new documentaries. When you are always learning you will continue to evolve.

To be balanced emotionally you need to find your inner peace. It's important to recognize your feelings when you are upset. When you are not feeling balanced emotionally, you can spend time with your family, friends, and pets. Also, taking deep breaths when you lose your balance emotionally, this can bring you back to your center. Hopefully, with practice you will be able to find your Yin and Yang.

Editorial by Brian Zelaya



Don't Judge a Book By Its Cover

Being open-minded means you are able to accept different values and opinions. From my experience at Jackson Main, being open-minded is being aware. A lot of my peers only care about looks, the outer appearance of a person, such as, wearing new Jordan sneakers. As a student you might be popular among your friends because you have a trendy wardrobe, but you could be rude and self-absorbed on the inside.

Then there could be a classmate who has ripped shoes and jeans and is losing out on the opportunity to make friends. This is because the person is judged on their appearance. It's important to be open-minded and not to judge a book by its cover.

Don't be afraid to sit next to the new girl in the cafeteria because her lunch looks unlike yours. Instead, sit next to her and learn about the new girl. Be openminded!

Editorial and photography by Hector Ayala







WE LOVE MOVIE NIGHT AT JACKSON MAIN











FEBRUARY- BLACK HISTORY MONTH

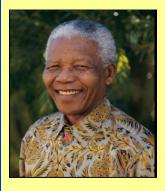
"I've learned that whenever I decided something with an open heart, I usually make the right decision."

-Maya Angelou



"Education is the most powerful weapon that you can use to change the world."

-Nelson Mandela



"You must never be fearful about what you are doing when it is right."

-Rosa Parks



The First African American President

Barack Obama was the first African American president to be elected in US history. He is an inspiration because he set new records. Obama was the 44th president of the United States. He was in the oval office from 2009 to 2017. Barack Obama was one of the best presidents because he won more popular votes than any candidate in history in the 2008 election.

Obama's leadership helped rescue the economy, revitalize the American auto industry, and reform the health care system to cover another twenty million Americans. Obama also helped put the country on a firm course to a clean energy future. Barack Obama also oversaw the longest stretch of job creation in American history. Obama also helped wind down the wars in Iraq and Afghanistan. All his attributes shaped our country today. Thank you Barack Obama for your service!

Editorial by Emanuel Hernandez

MORE THAN AN ATHLETE

"Float like a butterfly and sting like a bee", who might this be? Yes, it's Muhammad Ali. Muhammad Ali is known as the world's greatest sports figure in the 20th century. Many people know Muhammad Ali to be the world's greatest boxer of all time. Muhammad Ali's birth name was Cassius Marcellus Clay Jr. Muhammad Ali changed his name when he converted to the religion of Islam in 1961. He won a gold medal in the 1960 Summer Olympics in the lightweight division. Muhammad Ali had very strong religious and political beliefs. Ali refused to be drafted for the Vietnam War. His refusal caused Ali to be arrested and he lost his boxing titles. Ali was more than just a boxer he also was very involved during the Civil Rights Movement for African Americans. Muhammad Ali was a very determined person and never backed down.

Editorial by Hector Ayala



BLACK HISTORY MONTH



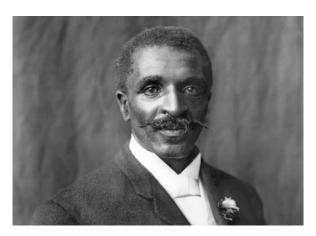
The Peanut Man

George Washington Carver was born January 1, 1864. You might know him as "the Peanut Man." George was born into slavery and was kidnapped from the Carver farm by raiders. George was then found and returned back to the Carver family. The year of 1856 brought slavery to an end. The Carver family decided to teach George to read and write since no schools in the area were accepting black students. Thirsty for knowledge, George left home to travel and attend a school 10 miles away from his hometown.

Carver continued his education at the Iowa State University where he received his bachelor's and master's degree. His master's degree allowed him to study intensively in plant pathology. Carver experimented with peanut-based medicines, such as laxatives and goiter medications. He developed more than 300 foods and products that are made from peanuts, including milk. "Some of George Washington Carver products are Worcestershire sauce, punches, cooking oils, salad oil, paper, cosmetics, soaps, and wood stains."

George Washington Carver taught me to never stop trying and always succeed. Carver fought so hard to become the person he wanted to be. Carver's inventions are still being used today. Next time, you are using a product that is peanut based, there is a good chance this product came from George Washington Carver.

Editorial by Brian Zelaya





FEBRUARY

STUDENT OF THE MONTH

Tiffany Velasquez Josiah Ragnauth Kerin Ramos Sharina Santos Bridgette Conteras Giselle Amaya Steven Moncayo Nemejia Loren Skyla Brown Granados Hilary Mirna William Faris Mejia Emely Lemus Madison Hyatt Esly Hernandez Zulma Rosales

Emma

Angie

Maliah



Amaya

Saravia

Scott Jonathan Conceres Melanie Lemus Escobar

COLLABORATIVE LEARNING AND IIB CURRICULUM IN THE CLASSROOM

The first grade classrooms at Jackson Main are being risktakers. Students became engineers to find solutions to protect household furniture from cat scratches.













The Iconic Rosie the Riveter



March is International Women's Month. While reflecting and researching there was one iconic woman who popped up in my research. Her name is Rosie the Riveter. Most Americans have seen Rosie the Riveter as a symbol for feminism. Rosie the Riveter gave women power to work in factories as the men left for war during World War II. Many people think that Rosie the Riveter was a fictional character to persuade women to get out and work, but Rosie was real.



Let's take a closer look behind the scenes and see who the real Rosie the Riveter was. The real Rosie the Riveter is known as Naomi Parker Fraley. She was the inspiration behind Rosie the Riveter. In 1942, Parker was 20 years old when she was working at a machine shop. The machine shop was located at a Naval Air Station in California. The photo was snapped when Naomi was wearing high-heels, a jumpsuit, and a polka- dot bandana. From then on the "We Can Do It" photo has become legendary all around the world. Now women know, it's not just a man's world.



Written by Zulma Rosales



THE **ICONIC** ROSIE THE RIVETER.



NAOMI PARKER-FRALEY

JACQUELINE MALDONADO As **ROSIE THE** RIVETER PHOTO CREDIT: EMANUEL **HERNANDEZ**





MARCH - WOMEN'S HISTORY MONTH

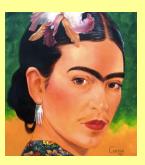
"I knew that I just didn't have it in me to give up, even if I sometimes felt like a fool for continuing to believe."

- Misty Copeland



"Feet, what do I need you for when I have wings to fly?"

-Frida Kahlo



"No one can make you feel inferior without your consent."

-Eleanor Roosevelt



MAKING MOVES

Misty Copeland was born on September 10,1982 and she had big dreams! Misty wanted to be the best ballerina that she could be. Misty is inspiring girls globally, because she is the first African American dancer to be promoted to Principal Dancer at the American Ballet Theater. When she was 16 years old, she went to San Pedro high school. Misty didn't start ballet until she was 13 years old. That was very late for a ballerina to start in her career.

Misty said, "that ballet is also for little brown girls." Misty wanted young girls to know that any girl could follow their dream no matter their race. Misty was told throughout her career that she would never be a professional ballerina, but Misty did not listen to people who brought her down. Misty taught me that if there is a will, there's a way. Remember, never let anyone dull your sparkle.

Editorial by Jacqueline Maldonado



A special thank you to Zulma Rosales for demonstrating physical balance. In order to achieve balance in ballet, you need to have a strong inner core to help maintain your balance. This takes years of practice.

*Photography by Brian Zelaya









WHAT WE ARE READING AT JACKSON MAIN



March

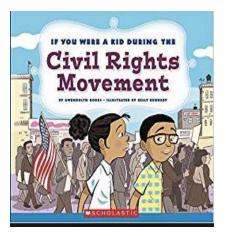
Student of the month

Ashlyn Aguilera Eva Hernandez Carlos Gutierrez Mejia Anderson Portillo Jeffrey Alison Cortez Ariel Alverado Danna Campos Aileen Paz-Reyes Jose Reyes Kimberly Garcia Franshelly Rodriguez

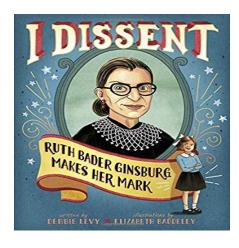
Kahmi Robinson
Yessica Zavala
Valeria Argueta
Kevin Montenegro
Esly Velasquez
Lazier Scott

Bradley Mancia
Santiah Fajardo





FEBRUARY BOOK OF THE MONTH



MARCH BOOK OF THE MONTH

A special thank you to Mr. Perez for coming to Jackson Main School and donating cameras to the Newspaper Club. In addition, Mr. Perez gave a professional photography course to the Newspaper Club.



*Due to formatting error in the last issue of Transformations, The Newspaper Club wants to congratulate the 5th grade students who preformed in the Dr. Martin Luther King, Jr. Oratorical Contest.



Congratulations

First Place- True Drew Second Place- Manachi Okari Third Place – Anibal Minero





We support Angie Saravia

Our friend Angie Saravia is sick and we supported Angie with allegiance at the Jackson Main School. Angie is a fantastic and stellar student. That's why every teacher at Jackson Main loves her. Angie always helps others in need.

Now it's our turn to return the favor. Student Government made a special Easter celebration and the donations will help our dearest friend Angie.

We would like to thank all the staff and students who contributed to the donations for Angie's recovery. I know that Angie will be so happy that the Jackson Main students made cards for Angie and were able to communicate with her.

A big thanks to Mr. Booth for being a caring teacher and making Angie a humongous Get Well card. Every student at Jackson Main signed the card for Angie.

Our Principal, Mr. Brown, organized a plethora of fundraisers to support Angie. All the proceeds were donated to Angie. All our thoughts, love and well wishes go out to Angie.

Editorial by
Jacqueline Maldonado
Brian Zelaya
Emanuel Hernandez











Springtime brings opportunities for fun and educational outdoor activities. Preparing Jackson Main's food-bearing gardens for the upcoming growing season became one of them! Jackson Main has partnered with Garden Vines and its school garden program, S.E.E.D.S. (Schools Engaging the Entire Development of Students).

The gardens provide students with fresh fruits and vegetables as well as hands-on learning experiences. The gardens were prepared in late March by Garden Vines, volunteers from

Adelphi University Chapter of Delta Chi, and students from Jackson Main. Equipped with gloves and child-friendly garden tools, third grade students in the Saturday program, dug right in, helping to evenly distribute and turn compost into the soil. One group of students gave themselves the name, "the Trio Farmers" and recognized how beneficial it could be to grow their own food.

Students also talked about how compost is made and why it is important to the soil and the environment. Both Adelphi and Jackson Main students shared stories of growing food with their families. The harvested crops will be donated to Mary Brennan Inn or Meals on Wheels. The day ended with a short game of basketball, Adelphi versus Jackson Main. Everyone enjoyed this impromptu time of young people working, learning and playing together.

Editorial by Sharla-Renee

